Principia College CSO Readings

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**Hymn One**

Hymn 53 – John R. MacDuff

Everlasting arms of Love

Are beneath, around, above;

God it is who bears us on,

His the arm we lean upon.

He our ever-present guide

Faithful is, whate'er betide;

Gladly then we journey on,

With His arm to lean upon.

From earth's fears and vain alarms

Safe in His encircling arms,

He will keep us all the way,

God, our refuge, strength and stay.

(The Christian Science Hymnal, No. 53)

**The Bible**

... The Lord is my rock, and my fortress, and my deliverer; The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, ...

(II Samuel 22:2 The, 3 (to 4th ,))

¶ And straightway Jesus constrained his disciples to get into a ship, and to go before him unto the other side, while he sent the multitudes away. And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone. But the ship was now in the midst of the sea, tossed with waves: for the wind was contrary. And in the fourth watch of the night Jesus went unto them, walking on the sea. And when the disciples saw him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear. But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid. And Peter answered him and said, Lord, if it be thou, bid me come unto thee on the water. And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me. And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?

(Matthew 14:22–31)

¶ Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

(Isaiah 41:10)

¶ Now it came to pass on a certain day, that he went into a ship with his disciples: and he said unto them, Let us go over unto the other side of the lake. And they launched forth. But as they sailed he fell asleep: and there came down a storm of wind on the lake; and they were filled with water, and were in jeopardy. And they came to him, and awoke him, saying, Master, master, we perish. Then he arose, and rebuked the wind and the raging of the water: and they ceased, and there was a calm. And he said unto them, Where is your faith? And they being afraid wondered, saying one to another, What manner of man is this! for he commandeth even the winds and water, and they obey him.

(Luke 8:22–25)

God is our refuge and strength, a very present help in trouble.

(Psalms 46:1)

Be merciful unto me, O God, be merciful unto me: for my soul trusteth in thee: yea, in the shadow of thy wings will I make my refuge, until these calamities be overpast. I will cry unto God most high; unto God that performeth all things for me. ...

... will praise thee, O Lord, among the people: I will sing unto thee among the nations. For thy mercy is great unto the heavens, and thy truth unto the clouds. Be thou exalted, O God, above the heavens: let thy glory be above all the earth.

(Psalms 57:1, 2, 9–11 will)

But let all those that put their trust in thee rejoice: let them ever shout for joy, because thou defendest them: let them also that love thy name be joyful in thee.

(Psalms 5:11)

... thou hast made the Lord, which is my refuge, even the most High, thy habitation; There shall no evil befall thee, neither shall any plague come nigh thy dwelling. For he shall give his angels charge over thee, to keep thee in all thy ways.

(Psalms 91:9–11 thou)

And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him. ...

There is no fear in love; but perfect love casteth out fear: ...

(I John 4:16, 18 (to :))

Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.

(Deuteronomy 31:6)

**Science and Health with Key to the Scriptures by Mary Baker Eddy**

Mortals must find refuge in Truth in order to escape the error of these latter days.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 83:7–9)

Jesus' promise is perpetual. Had it been given only to his immediate disciples, the Scriptural passage would read you, not they. The purpose of his great life-work extends through time and includes universal humanity. Its Principle is infinite, reaching beyond the pale of a single period or of a limited following. As time moves on, the healing elements of pure Christianity will be fairly dealt with; they will be sought and taught, and will glow in all the grandeur of universal goodness.

A little leaven leavens the whole lump. A little understanding of Christian Science proves the truth of all that I say of it. Because you cannot walk on the water and raise the dead, you have no right to question the great might of divine Science in these directions. Be thankful that Jesus, who was the true demonstrator of Science, did these things, and left his example for us. In Science we can use only what we understand. We must prove our faith by demonstration.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, pp. 328:28–13)

When the ocean is stirred by a storm, then the clouds lower, the wind shrieks through the tightened shrouds, and the waves lift themselves into mountains. We ask the helmsman: “Do you know your course? Can you steer safely amid the storm?” He answers bravely, but even the dauntless seaman is not sure of his safety; nautical science is not equal to the Science of Mind. Yet, acting up to his highest understanding, firm at the post of duty, the mariner works on and awaits the issue. Thus should we deport ourselves on the seething ocean of sorrow.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 67:4–14)

The very circumstance, which your suffering sense deems wrathful and afflictive, Love can make an angel entertained unawares.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 574:27–30)

Through the wholesome chastisements of Love, we are helped onward in the march towards righteousness, peace, and purity, which are the landmarks of Science. Beholding the infinite tasks of truth, we pause, — wait on God. Then we push onward, until boundless thought walks enraptured, and conception unconfined is winged to reach the divine glory.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 323:6)

Human will-power is not Science. Human will belongs to the so-called material senses, and its use is to be condemned. Willing the sick to recover is not the metaphysical practice of Christian Science, but is sheer animal magnetism. ... Truth, and not corporeal will, is the divine power which says to disease, “Peace, be still.”

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 144:14–18, 20)

The understanding that Life is God, Spirit, lengthens our days by strengthening our trust in the deathless reality of Life, its almightiness and immortality.

This faith relies upon an understood Principle. This Principle makes whole the diseased, and brings out the enduring and harmonious phases of things.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, pp. 487:27–1)

The so-called laws of matter and of medical science have never made mortals whole, harmonious, and immortal. Man is harmonious when governed by Soul. Hence the importance of understanding the truth of being, which reveals the laws of spiritual existence.

God never ordained a material law to annul the spiritual law. If there were such a material law, it would oppose the supremacy of Spirit, God, and impugn the wisdom of the creator. Jesus walked on the waves, fed the multitude, healed the sick, and raised the dead in direct opposition to material laws. His acts were the demonstration of Science, overcoming the false claims of material sense or law.

Science shows that material, conflicting mortal opinions and beliefs emit the effects of error at all times, but this atmosphere of mortal mind cannot be destructive to morals and health when it is opposed promptly and persistently by Christian Science. Truth and Love antidote this mental miasma, and thus invigorate and sustain existence.

(Science and Health with Key to the Scriptures, Mary Baker Eddy, pp. 273:16–3)

Step by step will those who trust Him find that “God is our refuge and strength, a very present help in trouble.”

(Science and Health with Key to the Scriptures, Mary Baker Eddy, p. 444:10)

**Hymns Two and Three**

Hymn 293 – Frederic W. Root

Rock of Ages, Truth divine,

Be Thy strength forever mine;

Let me rest secure on Thee,

Safe above life's raging sea.

Rock of Ages, Truth divine,

Be Thy strength forever mine.

Rock of Truth, our fortress strong,

Thou our refuge from all wrong,

When from mortal sense I flee,

Let me hide myself in Thee.

Rock of Ages, Truth divine,

Be Thy strength forever mine.

Christ, the Truth, foundation sure,

On this rock we are secure;

Peace is there our life to fill,

Cure is there for every ill.

Rock of Ages, Truth divine,

Be Thy strength forever mine.

(The Christian Science Hymnal, No. 293)

Hymn 551 – Mary Baker Eddy

O'er waiting harpstrings of the mind

There sweeps a strain,

Low, sad, and sweet, whose measures bind

The power of pain,

And wake a white-winged angel throng

Of thoughts, illumed

By faith, and breathed in raptured song,

With love perfumed.

Then His unveiled, sweet mercies show

Life's burdens light.

I kiss the cross, and wake to know

A world more bright.

And o'er earth's troubled, angry sea

I see Christ walk,

And come to me, and tenderly,

Divinely talk.

Thus Truth engrounds me on the rock,

Upon Life's shore,

'Gainst which the winds and waves can shock,

Oh, nevermore!

From tired joy and grief afar,

And nearer Thee, —

Father, where Thine own children are,

I love to be.

My prayer, some daily good to do

To Thine, for Thee;

An offering pure of Love, whereto

God leadeth me.

(The Christian Science Hymnal, No. 551)

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